



Senior Moments

January, 2018

**As another year begins...I hope it contains peace, health and happiness for all!
Please have all articles to me for next month's newsletter by Thursday, January 25.**

Dee Clarke deecclarke11@gmail.com 702-870-8702



Here we are again, another New Year. We hope everyone had a great Christmas and New Year's.

Thank you to everyone who attended our Community Meeting on Dec. 12th. The 2018 HOA Board was introduced. For everyone who wasn't able to attend, the 2018 HOA Board will be:

- Patty Maitland
- Michael Caristo
- Raynette Lopez
- Jerry Holmes
- Michael "Buzz" Heldt

We all thank you for your continued support.



We have had several new houses come in the last month or so. We realize that you would like to see the inside of these new houses; but because of safety issues, please do not go into any of them. If you would like to see the inside, talk to Scott at the sales office.

For the new year, there are a couple new activities scheduled. Chair Yoga and Washers will begin in January. Read Stu's Activities article and look at the calendar for more information. A "Meet & Greet" is scheduled for Sunday January 7th. This is so we all can meet our new neighbors. Refreshments will be provided. Let's all get together and greet our new Desert Greens Family members.

Every month I stress safety and speeding. We have identified several residents that continue to speed. You know who you are. Letters may be sent out if this continues. Remember to lock everything up. Never tempt anyone by leaving things unlocked.



We have brought in a new dumpster and placed it in the NE corner of our community. Please bear with us as our trees are being trimmed. Most of the trimmings are placed in the dumpster. If a dumpster is full, please go to another dumpster. Do not place trash outside of a dumpster. In a couple weeks, all trees will be trimmed, and the dumpsters won't fill up as fast. Dumpsters are picked up on Tuesdays and Fridays.

Thank You for your support

Buzz Heldt

Activities Committee

Now that we've once again survived Christmas and New Year's, it's time to start enjoying 2018 at Desert Greens.

Entertainment Night was very successful. Special thanks to Al Rio (and Marietta), Dick Pfeiffer, Ernie and Dennis for organizing, and to all the participating entertainers. GREAT JOB!!

The Cart Parade and Christmas caroling was very well attended. The prize for Best Decorated House went to Bob and Judy Haas. The Best Decorated Cart was Dennis and Nancy Suter. Both prize winners received a \$15 gift certificate donated by the 5-10-15 Dollar restaurant.



In January Geneva Whitaker will be starting a "Chair Yoga" class each Tuesday at 10:00 am. Participants should wear comfortable clothing. There is no cost for this. Class size is limited to 15 and there is a sign-up sheet in the clubhouse.

Friday, January 5th will be the "*Un-decorate the Clubhouse*" event at 10:00 am. All are invited to help with this.

There will be a "Meet and Greet" on Sunday, January 7th at 2:00 pm, so our new residents and our old timers can get acquainted with each other. As the name implies, all are welcome.



Washer Toss will be every Wednesday morning at 10:00 am. This is a trial time for the month. If it works out, it will stay on the calendar until the weather lets us bring back Bocce.

Judy Marsh is having a Celebration of Life for Doctor Steve on Saturday, January 13th. There is a poster in the clubhouse with all the details.



On Saturday, January 27th, Janell Heldt and Judy Becker will be hosting a *January Blahs* potluck.

The Activities Planning Committee met last month to reserve dates for most of our annual major events (think Yard Sale, Craft Fair, Entertainment Night, etc.) This planning session is always open to anyone that wishes to participate and throw out new ideas, just like our monthly meetings.

Marietta Rio will be the new keeper of the Activities calendar. Many thanks to Evie Egerton for performing that task for the past several years.

The next Coffee Hour and Activities meeting will be Wednesday, January 24th. Coffee starts at 9:00, with the meeting to follow. **This is open to all residents and everyone is encouraged to attend. There is no charge for the coffee, just a small donation if you wish. Come join the fun.**

Some of the up-coming activities are listed below, but be sure to check the calendar to stay current.

January Activities:

- January 3rd - Washers at 10:00 and each Wednesday thereafter
- January 5th - Un-decorate the clubhouse at 10:00 am
- January 7th - Meet and Greet at 2:00 pm
- January 9th - Chair Yoga with Geneva and each Tuesday thereafter ~ 10:00 am
- January 13th - Memorial for Dr. Steve Marsh
- January 24th - Coffee Hour followed by Activities meeting ~ 9:00 am
- January 27th - *January Blahs* potluck hosted by Janell Heldt and Judy Becker

Looking forward in February, the breakfast will be hosted by Janell on Saturday, February 10th.

Linda Hogan will be hosting a "Fat Tuesday/Valentine Day" on Tuesday, February 13th. More details on these events to follow.

Finally, from time-to-time we send out emails to Desert Greens residents alerting them of some activity or event. If you wish to have your e-mail address added to the list, there is a sheet in the clubhouse, or email me at stu1942egerton@gmail.com.

Stu Egerton - Co-chair of Activities Committee

Craft Fair Thank You and Final Accounting

Well done Desert Greens! The Craft Fair was a huge success because of all your effort. A special thanks to Dennis Suter for advertising, to Judy Becker for organizing the Community and Raffle tables, to Evie Egerton for organizing the Kitchen and Bake Sale, and to Arlene Chandler and Janelle Heldt for organizing the Patio Cafe. The baked goods were excellent and much appreciated as were the yummy soups. We received lots of compliments for the cooks and bakers that contributed delicious items. The Community table and Raffle table also did well. We had lots of people come to shop, and shop they did! Most all of the vendors were happy with the volume of sales.



At the end of the day, we had collected \$1,910. After expenses, we made \$1,424.04. Again, a great big thank you to all of you!

Sincerely,
Judy Mouer

Pinochle Tournaments

December 1st - We had 16 players and 6 double pinochle's

1st Place	- Ernie Feliciano	- 558
2nd Place	- Willie Borsellino	- 507
3rd Place	- Ken Booth	- 491
4th Place	- Zona McCracken	- 463

December 15th - We had 12 players and 4 double pinochle's

1st Place	-Nancy Suter	- 662
2nd Place	-Mary Costa	- 540
3rd Place	-Ken Booth	- 538
4th Place	- Dennis Larson	- 523



Next Tournament is January 5th. Come for fun and great snacks

POC: Tom Wermager

Splinters from the Bench – January, 2017

JANUARY SCHEDULES:

All League Golf Starting Times 12:00 PM

Men's League Golf - (Tues & Fri)

Women's League Golf - (Mon & Thur)

Mixed Scrambles - (Saturday)

Mixed League Golf - (Sunday)

Next Golf Committee Meeting – Friday, January 19th at 3:00 PM
(after golf).



Congratulations to Bob Braga who had a hole-in-one on #18 on December 2nd. Rumor has it that Bob is working on covering an entire wall in his bedroom with hole-in-one certificates, much to the delight of his wife.

Those of you who are new to Desert Greens and play golf, used to play golf, want to play golf or thought about playing golf... come out and join the fun.

TIPS AND TALES FROM THE TEE:

A Sunday school teacher asked a little boy, "Do you know what happens to boys who use bad language when they play marbles?" The little boy replied "Oh yes, they grow up and play golf."

Overheard between golfers and their caddies:

- Golfer: "I'd move heaven and earth to be able to break 100."
- Caddie: "Try heaven. You've already moved plenty of earth."

- Golfer: "Please stop checking your watch all the time. It's distracting!"
- Caddie: "This isn't a watch. It's a compass."

That's all for this month. Let me know if you have any suggestions or news for the next golf meeting or future newsletters.

Ralph Roque

Christian Women's Network

Meetings resume the second and fourth Saturday of January (January 13 and 27.) The Christian Women's Network group meets at 2:00 pm. in the clubhouse. Please join us.

Marilyn Boatwright, 702-287-9922

Fitness Room – January, 2018

The Best Retirement Is an Active One

Did you know that moderate-intensity physical activity can help you live longer and reduce health problems? Regular exercise helps control blood pressure, body weight and cholesterol levels, and cuts the risk for hardening of the arteries, heart attack and stroke. It conditions muscles, tendons, ligaments and bones to help fight osteoporosis, keep your body more limber and stabilize your joints, thus lowering the risk of everyday injury. It also improves digestion and is good for managing low-back pain, arthritis and diabetes. Regular physical activity helps you maintain your independence. And recently, there's been more research that suggests an active lifestyle lowers the risk of some cancers. But perhaps the best reason for incorporating regular exercise into your life is that you'll feel better. Exercise helps you sleep better and manage stress better, and gives you more energy to enjoy work and play.

A Few Safety Tips

Always remember to keep safety in mind when exercising.

- Wear comfortable, well-fitting shoes.
- Avoid outdoor activities in extreme temperatures.
- Drink plenty of fluids to stay well hydrated.
- Listen to your body when determining an appropriate exercise intensity (and keep in mind that monitoring intensity using heart rate isn't accurate if you are on heart-rate-altering medications such as most medications for hypertension).
- Be aware of danger signs. Stop activity and call your doctor or 911 if you experience any of the following: pain or pressure in your chest, arms, neck or jaw; feeling lightheaded, nauseated or weak; becoming short of breath; developing pain in your legs, calves or back; or feeling like your heart is beating too fast or skipping beats.

Bob Jacobs

Day Trip of the Month

Keane Wonder Mine, Death Valley National Park, California

After being closed by the Park Service to visitors for almost 10 years, the Keane Wonder Mine area is now reopened, as of November 7, 2017. There were three reasons for the closure: unsafe mine openings along the trail, concerns about the stability of the tramway due to tension from the cables over the past century, and concern about the chemical contents of the mill tailings. The Park service corrected these three issues, and this area is now opened to the public once again.





The lower workings (mill site) and lower part of the aerial tramway at the Keane Wonder Mine

CAUTION: When you visit, please do not climb on the buildings, equipment, or tramway. Though stabilized, they are not safe to climb on. And stay out of any mines.

Since the Keane Wonder Mill and lower Tramway Area are located near the parking area, this site is very accessible. Take a stroll through the area where the mining camp and the mill were located. A short walk up the trail at the end of the road will give you views of the lower tram terminal and the first few tram towers. Then walk along the mining road for additional views of the aerial tramway.

When you visit this area, you will step back in time and experience one of the most unique historical mining sites in Death Valley. This mine was one of the most successful gold mines in the region. It now remains as one of the best examples of a historical gold mining operation in the park. What is truly unique about site is the well-preserved aerial tramway that still has the cables attached. Traveling two thousand feet down in one mile, the tramway cars began carrying the valuable gold containing ore from the mine to the mill in 1907.

By 1912, the mine was mostly tapped out and major operations ended. In that time, over one million dollars in gold was hauled down those cables (remember that gold was \$20.67 an ounce back then). The Keane Wonder Mine was one of the two largest producing gold mines in the Death Valley region, the other being the Skidoo Mine in the Panamint Mountains on the western side of Death Valley. Visit the Keane Wonder Mine site today and take a look at how this engineering feat was able to move over 70 tons of ore per day down the steep Funeral Mountains.

NOTE: The artifacts and remnants of this mine have significant historical value and should not be removed or disturbed in any way.

NOTE: There is a trail up to the mine, however, the mine itself is closed off but there is plenty of structure there to view. I must say that the hike is very strenuous. It's only about one and a half miles long however you gain a little over 2000 feet in that distance, so be warned. However, that being said, the view is well worth the effort.

To get there, take Highway 190 north out of Furnace Creek for approximately 11 miles to the Beatty Cutoff where you will turn right (northeast) and drive 5.5 miles to the marked road for Keane Wonder Mine. Then drive the well-maintained dirt road for 2.8 miles where it ends at the parking area.



The upper workings (where the Keane Wonder Mines are located). What a view from up here!